STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: September 20-27, 2025

Saturday Elementary Flag Football - (Grades 1-6) Sterling Park 10-11AM

September 20 Elem VB Practice - Grades 3-6: 9-11:30AM

Connected Forever Walk @ Haymarket Park - Bus/Van leaves @ 11AM Sunday

September 21

Monday Breakfast: Burrito, Yogurt, Fruit, Milk/Juice

September 22 Lunch: Beef & Noodles, Mashed Potatoes, Fruit, Veggie, Salad Bar, Milk

FCA Meeting @ 7:15AM in Mr. Pfeiffer's room - Breakfast will be served!

SOAR - 2nd period Music Fundraiser Starts!

FFA Connecting Chapter @ Adams from 9-11AM - Bus leaves @ 8:40AM

JH/JV FB @ Dorchester - 4:30PM/6PM - Bus leaves @ 2:30PM

VOLLEYBALL PRACTICE 4-6PM

Breakfast: Tornado, Ham, Cheese Stick, Fruit, Milk/Juice Tuesday

September 23 Lunch: Orange Chicken, Rice, Egg Roll, Fruit, Veggie, Salad Bar, Milk

SOAR - 1st period

FOOTBALL PRACTICE 4-6PM

VB @ HTRS (JV/V) 5PM - Vans leave @ 3:15PM Elem VB Practice - Grades 3-6: 5-7:30PMPM

Wednesday Breakfast: Sandwich, Yogurt, Fruit, Milk/Juice September 24 Lunch: Hard Tacos, Fruit, Veggie, Salad Bar, Milk

> SOAR - 8th period - AP Groups JH VB vs. Freeman - HOME - 1:30PM

FOOTBALL PRACTICE 4-6PM **VOLLEYBALL PRACTICE 4-6PM**

NO PRESCHOOL/PRE-KINDERGARTEN - P/T CONFERENCES 2:30-8PM Thursday

September 25 K-12 EARLY OUT

Breakfast: Muffins, Egg Patty, Ham, Fruit, Milk/Juice

1:37PM SOAR - 7th period

> Midwest Grads - Grades 10 & 12 - 10AM FOOTBALL PRACTICE 1:45 - 3:30PM

VOLLEYBALL PRACTICE - TBA

COMMUNITY INFORMATION MEETING - More info on back!

Lunch: Uncrustables, Mac & Cheese, Fruit, Veggie, Salad Bar, Milk

Friday NO SCHOOL - FALL BREAK

FB vs. Silver Lake @ Bladen - 7PM - Bus leaves @ 2:30PM September 26

Saturday Krispy Kreme Pick Up from 8-10AM

September 27 Sterling VB Quad - 9AM

Freeman JH VB Tournament - 9AM

Elem VB Practice - Grades 3-6: 9-11:30AM

*This institution is an equal opportunity provider. *Menu is subject to change without notice.

www.sterlingiets.org

Facebook





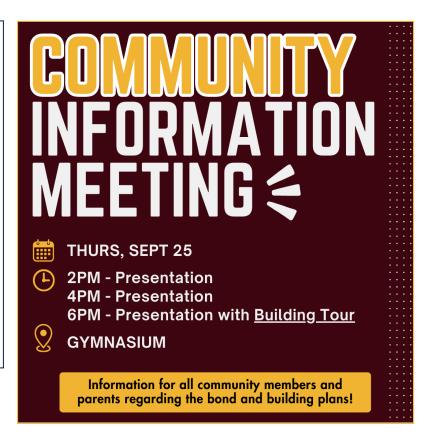


Monday, September 22nd 7:15am

@Mr. Pfeiffer's Room

Breakfast will be served

Grades 7-12 Welcome!



EXTENDED VB PRACTICES Until 4:15PM

September 23

September 30

October 2

October 7

October 9

October 21

EXTENDED FB PRACTICES

Mon-Thurs until 4:45PM

SYRACUSE LOCATION

